



SURLFC health monitoring of staff, committee members, players and visitors to PIRTEK Park during COVID-19

Purpose

Reduce the risk to all people contracting COVID-19 and influenza and to ensure that SURLFC is able to protect our staff, committee members, players, volunteers, club visitors and the general public who attend PIRTEK Park, Singleton.

Scope

This procedure applies to all people visiting PIRTEK Park, Singleton, regardless of the capacity in which they are attending.

At any time, if you are unsure about what action is to be taken, please isolate the person concerned and contact the SURLFC COVID-19 Officer or a Senior Club Committee Member.

Any action that is taken to prevent the risk of spreading COVID-19 and influenza is fully supported by SURLFC.

Please be aware that this document may change as further information is released by NSWRL, NSW Health and the Australian Government.

Documentation and References

Federal Government COVID-19 Guidelines

NSW Health COVID-19 Guidelines

Procedure

1. Workplace signage and hygiene stations

- a. Workplace signage, that has been sourced from the NSWRL COVID-19 Hub, is to be displayed on all doors, areas of high pedestrian traffic, at the entrance gate into PIRTEK Park and club common areas.
- b. A sign posted hygiene station is to be set up in the staff car park area for regular training activities and at the entrance gate to the ground for game / match days.



2. Screening of SURLFC staff, committee members, players, volunteers, club visitors and the general public prior to entry to club facilities

- a. SURLFC will establish a “screening station” in the staff car park for club training and at the entrance gate into PIRTEK Park for game / match days.
- b. The screening process, where possible, will be operated by the clubs COVID-19 Officer, if he is unavailable due to work, family or other commitments it shall be conducted by a committee member familiar with the SURLFC COVID-19 procedures.
- c. The screening process will entail completing a verbal health check questionnaire which is attached, the attending person sanitizing their hands as per attached NSWRL Washing Hands Guideline and completing the clubs attendance register or using the Clubs QR Code Attendance Online Register prior to being given permissions for that person to enter the club areas.
- d. Should the attending person refuse to answer the health check questionnaire, refuse to complete the club attendance register or showing signs or symptoms listed in the health check questionnaire, they will be asked to leave the club grounds immediately.

3. Social Distancing

- a. All SURLFC members should practice social distancing when encountering any person at PIRTEK Park. Social distancing is an effective measure to reduce exposure. It is however recognized that it cannot be practiced in all situations and the aim is generally reduce the potential for transmission by:
 - i. Attempt to keep 1.5m between themselves and other people where possible
 - ii. Avoid shaking hands, hugging and/or high fiving other people



- b. All persons entering the club grounds are to be made aware of this requirement upon entry to PIRTEK Park during the sign of the club attendance register.

4. Screening Station and Completing of Attendance Register

- a. Upon arrival at PIRTEK Park all persons are to attend the club “screening stations” to complete the verbal health questionnaire and sign onto the club attendance register.
- b. On arrival at the “screening station” all persons should be instructed to sanitize their hands utilizing the hand sanitizer provided by SURLFC.
- c. The attending person will then be asked a verbal health check.
- d. On completion of the verbal health check and no signs or symptoms show from the verbal health check the person will then be instructed to complete the club attendance register.
- e. Should the attending person refuse to answer the health check questionnaire, refuse to complete the club attendance register or showing signs or symptoms listed in the health check questionnaire they will be asked to leave the club grounds immediately.
- f. On completion of the club attendance register the person will be permitted into PIRTEK Park and asked to sign off the register when departing.



HEALTH SCREENING QUESTIONNAIRE

Are you generally unwell?

Do you have any of the following?

Fever

Sore Throat

Cough

Shortness of Breath

Any flu like symptoms

Have you had close contact with someone diagnosed with, or suspected of having coronavirus in the last 14 days?

Have you visited Victoria in the last 14 days?

Have you visited a suspected COVID hotspot such as Casula, Picton, Campbelltown or Wetherill Park.

Should any person answer yes to the above questions, ask them to leave SURLFC facilities and consult their own doctor.



CLEAN HANDS PROTECT AGAINST INFECTION

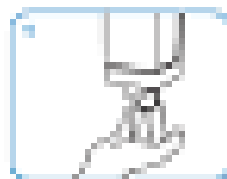
- Protect yourself
- Clean your hands regularly.
- Wash your hands with soap and water, and dry them thoroughly.
- Use alcohol based handrub if you don't have immediate access to soap and water.

How do I wash my hands properly?

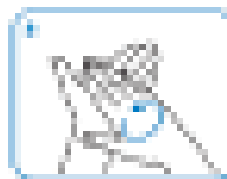
Washing your hands properly takes about as long as singing "Happy Birthday" twice, using the images below.



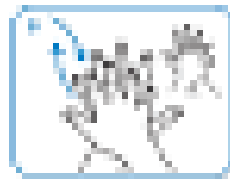
Wet hands with water



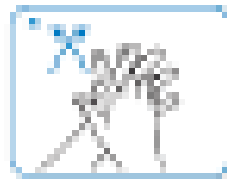
Apply soap and lather up all hand surfaces



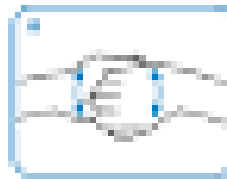
Rub hands palm to palm



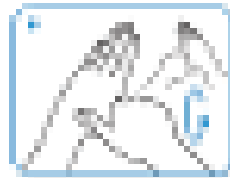
Right palm over left dorsal side (back of hand) with fingers interlaced



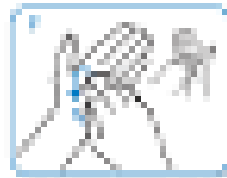
Left to palm with fingers interlaced



Back of fingers crossing (palm with fingers interlaced)



Rotate rubbing of all hand surfaces (palm to back, wrist to wrist)



Rub back of hand, forearm and forearm with clasped fingers (palm to all) with wrist to wrist



Rub hands with water



Dry thoroughly with a clean towel



Turned to avoid splash



Lay out hands to dry

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