



Training sessions for SURLFC for staff and players at PIRTEK Park during COVID-19

Purpose

Reduce the risk to all people contracting COVID-19 and influenza and to ensure that SURLFC is able to protect our staff, committee members, players, volunteers, club visitors and the general public who attend PIRTEK Park, Singleton.

Scope

This procedure applies to all coaching staff and players conducting training at PIRTEK Park, Singleton.

At any time, if you are unsure about what action is to be taken, please contact the SURLFC COVID-19 Officer or a Senior Club Committee Member.

Any action that is taken to prevent the risk of spreading COVID-19 and influenza is fully supported by SURLFC.

Please be aware that this document may change as further information is released by NSWRL, NSW Health and the Australian Government.

Documentation and References

Federal Government COVID-19 Guidelines

NSW Health COVID-19 Guidelines

NSWRL Social Distancing Training Session Guidelines

Procedure

1. Workplace signage and hygiene stations

- a. Workplace signage, that has been sourced from the NSWRL COVID-19 Hub, is to be displayed on all doors, areas of high pedestrian traffic, at the entrance gate into PIRTEK Park and club common areas.
- b. A sign posted hygiene station is to be set up in the staff car park area for regular training activities and at the entrance gate to the ground for game / match days.



2. Screening of SURLFC staff, committee members, players, volunteers, club visitors and the general public prior to entry to club facilities

- a. SURLFC will establish a “screening station” in the staff car park for club training and at the entrance gate into PIRTEK Park for game / match days.
- b. The screening process, where possible, will be operated by the clubs COVID-19 Officer, if he is unavailable due to work, family or other commitments it shall be conducted by a committee member familiar with the SURLFC COVID-19 procedures.
- c. The screening process will entail completing a verbal health check questionnaire which is attached, the attending person sanitizing their hands as per attached NSWRL Washing Hands Guideline and completing the clubs attendance register prior to being given permissions for that person to enter the club areas.
- d. Should the attending person refuse to answer the health check questionnaire, refuse to complete the club attendance register or showing signs or symptoms listed in the health check questionnaire, they will be asked to leave the club grounds immediately.
- e. Only players and essential club personnel will be allowed to attend club training and match days.

3. Social Distancing Training Sessions

- a. All SURLFC members should practice social distancing when encountering any person at PIRTEK Park. Social distancing is an effective measure to reduce exposure. It is however recognized that it cannot be practiced in all situations and the aim is generally reduce the potential for transmission by:
 - i. Attempt to keep 1.5m between themselves and other people where possible
 - ii. Avoid shaking hands, hugging and/or high fiving other people



- b. All persons entering the club grounds are to be made aware of this requirement upon entry to PIRTEK Park during the sign of the club attendance register.
- c. The main playing field and second training field will be divided into quarters as per NSWRL guidelines. Groups of no more than twenty shall participate; this includes coaching staff, for the one session. Where two groups or more are training no person from one group will be able to swap, change, etc. with a person from another group.
- d. Ball sanitizing will be conducted as per the clubs procedures.
- e. All players will be required to supply the own water bottle for the session that is clearly labeled with their name.